Weekday Morning Service
Kehilla Community Synagogue

שוחרי יום ל之道
בית קהילת קהילה

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Weekday Morning Service
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Upon Waking

(Female) Modah ani l-fa’necha ru’ach chai, v-ka-yam
(Male) Modeh ani l-fa’necha ru’ach chai, v-ka-yam

Sheh-heh-chezar’ta bi nish’mati b-chem’la

Raba eh-muna-echa

Living spirit of the universe, I give thanks that you have restored my soul to me in great mercy, your faithfulness is manifold.

Putting on Talis

Meditations before putting on talis

Now I prepare to wrap myself in talit fringes in fulfillment of the mitzvah recorded in the Torah:

Baruch ata YHVH eloheynu melech/ruach ha-olam
asher kid’shanu b-mitz’votav v-tziv’nu l-hit’atef ba-tzi’tzit

Aht brucha Shechina eloheynu chey ha-olamim
asher kidash’tanu b-mitz’vo’teyha v-tziv’tanu l-hit’atef ba-tzi’tzit

We bless the Ever-present living spirit of the world that summons us to holy service and bids us to wrap in tzi’tzit.

Meditations after putting on talis

Now I prepare to wrap myself in tali fringes in fulfillment of the mitzvah recorded in the Torah:

Baruch ata YHVH eloheynu melech/ruach ha-olam
asher kid’shanu b-mitz’votav v-tziv’nu l-hit’atef ba-tzi’tzit

Aht brucha Shechina eloheynu chey ha-olamim
asher kidash’tanu b-mitz’vo’teyha v-tziv’tanu l-hit’atef ba-tzi’tzit

We bless the Ever-present living spirit of the world that summons us to holy service and bids us to wrap in tzi’tzit.
Putting on Tefillin

Meditation before putting on tefillin

Baruch ato YHVH eloheynu melech/ruach ha-olam
asher kid’shanu b-mitz’votav v-tzivanu l-hani-ach t’fillin.

Aht brucha Shechina eloheynu chey ha-olamim
asher kidash’tanu b-mitz’vo’teyha v-tziv’tanu l-hani-ach t’fillin.

Blessing before putting on tefillin on the arm

Baruch ato YHVH eloheynu melech/ruach ha-olam
asher kid’shanu b-mitz’votav v-tzivanu l-hani-ach t’fillin.

Aht brucha Shechina eloheynu chey ha-olamim
asher kidash’tanu b-mitz’vo’teyha v-tziv’tanu l-hani-ach t’fillin.

Blessing before putting on tefillin on the head

Baruch ato YHVH eloheynu melech/ruach ha-olam
asher kid’shanu b-mitz’votav v-tzivanu al mitz’vat t’fillin.

Aht brucha Shechina eloheynu chey ha-olamim
asher kidash’tanu b-mitz’vo’teyha v-tziv’tanu al mitz’vat t’fillin.

Aht brucha Shechina eloheynu chey ha-olamim
asher kidash’tanu b-mitz’vo’teyha v-tziv’tanu al mitz’vat t’fillin.

We bless the Ever-present living spirit of the world
that summons us to holy service and bids us to affix tefillin.

Eternally blessed is the Essence and Presence of Divine sovereignty
that summons us to holy service and instructs us on the mitzvah of tefillin.

Hosea 2:21-22 said upon wrapping tefillin on the fingers

V-ey-ras’tich li-l-olam.
V-eh-ras’tich li b-tze-dek u-v-mish’pat
u-v-che-sed u-v-rachamim
V-eh-ras’tich li b-emunah,
V-ya-da-at et YHVH

I betroth You to me forever.
I betroth you to me in righteousness, justice, lovingkindness and compassion.
I betroth you to me in faithfulness, and you will come to know YHVH.
Morning Blessings

Female:  "Hareyni m’kabeh let alai et mitzvat ha-Borey: "V-ahavta l-rey’acha ka-mocha"

Male:  "Hareyni m’kabel alai et mitzvat ha-Borey: "V-ahavta l-rey’acha ka-mocha”

[Here now, I take upon myself the mitzvah of “You shall love your neighbor same as yourself.”]

MAH TOVU

Mah tovu oha-lecha Yaakov, mish’k’no techa Yisrael
Mah tovu oha-la’yich Sarah, mish’k’no ta’yich Rivkah

[How beautiful are your tents oh Jacob/Sarah: Your dwelling places oh Israel/Rebecca]

Blessing of Our Bodies

Blessed it is that with wisdom we have been created: aperture by aperture, channel by channel so that if but one of these closed or opened against its design, we could not stand and persist in our praise. Blessed is the wondrous healing of all flesh. (DJC)

Torah study blessings

We bless the Ever-present living spirit of the world that summons us to holy service and bids us to engage with Torah.
Baruch ata YHVH eloheynu melech/ruach ha-olam asher bachar banu im kol ha-amim v-natan lanu et Torato. Baruch ata YHVH, noteyn ha-Torah.

Aht brucha Shechina elohaynu chev ha-olamim asher bachara banu im kol ha-amim v-nat’nah lanu et Torata. Aht brucha Shechina, noteh’net ha-Torah.

We bless the Ever-present living spirit of the world that has chosen us with all peoples and given us divine instruction.

We bless the Ever-present that yields to us Torah.

V-ahavta l-rey’acha ka-mocha

And you shall love your neighbor same as yourself (Leviticus 19:18)

V-ahavta et YHVH elohecha b-chol l-vav’cha, u-v-chol na’sh’cha u-v-chol m’odecha.

And you shall love YHVH your god with all your heart/mind, with all your soul, and with all your might. (Deuteronomy 6:5)

The Baal Shem Tov taught: ‘“And you shall love your neighbor same as yourself,’ – this is a clarification and an elucidation of the mitzvah ‘And you shall love YHVH your god with all your heart/mind, with all your soul, and with all your might.’”

Elohai neshama sheh-natata bi, t’horah hi.

My God, the soul you placed within me is pure.

יהוה, נשמת פננך היא, תוראתה היא.

My God, the soul you placed within me is pure.

Elohai neshama sheh-natata bi, t’horah hi.

My God, the soul you placed within me is pure.

Elohai neshama sheh-natata bi, t’horah hi.

My God, the soul you placed within me is pure.

i thank You God for most this amazing day:for the leaping greenly spirits of trees and a blue true dream of sky;and for everything which is natural which is infinite which is yes (i who have died am alive again today, and this is the sun’s birthday;this is the birth day of life and love and wings:and of the gay great happening illimitably earth)

E.E. Cummings

we bless the creative one, spirit of the world that summons our souls to return after death-like sleep.

אשיה יהוה את הרוח חיים באת הילדה

Elohai neshama sheh-natata bi, t’horah hi.

My God, the soul you placed within me is pure.

Elohai neshama sheh-natata bi, t’horah hi.

My God, the soul you placed within me is pure.

Elohai neshama sheh-natata bi, t’horah hi.

My God, the soul you placed within me is pure.
Morning Blessings

Baruch ata *Yah/Adonai Eloheynu ru-ach ha-olam*
for enabling the rooster to distinguish day from night.

Aht brucha Sh’china, *Eloheynu chey ha-olamim* for making me a child of my people.

Baruch ata *Yah/Adonai Eloheynu ru-ach ha-olam* for making me free.

Aht brucha Sh’china, *Eloheynu chey ha-olamim* for making me in the divine image.

Baruch ata *Yah/Adonai Eloheynu ru-ach ha-olam* for imbuing us with vision.

Aht brucha Sh’china, *Eloheynu chey ha-olamim* for clothing the naked.

Baruch ata *Yah/Adonai Eloheynu ru-ach ha-olam* for freeing the imprisoned.

Aht brucha Sh’china, *Eloheynu chey ha-olamim* for lifting up those who have been low.

Baruch ata *Yah/Adonai Eloheynu ru-ach ha-olam* for preparing firm land above the waters.

Aht brucha Sh’china, *Eloheynu chey ha-olamim* for preparing that which would satisfy all my needs.

Baruch ata *Yah/Adonai Eloheynu ru-ach ha-olam* for preparing our daily journeys.

Aht brucha Sh’china, *Eloheynu chey ha-olamim* for giving us power.

Baruch ata *Yah/Adonai Eloheynu ru-ach ha-olam* for crowning us with glory.

Aht brucha Sh’china, *Eloheynu chey ha-olamim* for giving strength to the tired.

Baruch ata *Yah/Adonai Eloheynu ru-ach ha-olam* for wiping sleep from my eyes and slumber from my eyelids.
Ana b-cho-ach g’dulat y’min’cha ta·tir tz’rura

Source of Mercy! With loving strength untie our tangles.

Ka-bel rinat am’cha sag vey-nu taha-reynu norah

Your chanting folk raise high, make pure, accept our song.

Na gibor dor’shey y’chu’cha k-va-vat sham’reym

Like Your own eye, keep us safe, who union to seek You.

Bar’cheym taha-reym racha-meym tzid’kat’cha

Cleanse and bless us, infuse us ever with loving care.

Cha·sin kadosh b-rov tuv’cha na·hel ada-techa

Sublime and Holy One, do turn to us of holy chant.

Ya·chid gey·eh l’am’cha p’ney zoch’rey k’dusha·techa

Sublime and Holy One, do turn to us of holy chant.

Shav’a·teynu ka·bel u-sh’ma tza·aka·teynu

Receive our prayer, so hear our cry, who secrets knows.

Baruch sheym k’vod mal’chuto l’olam va·ed

Through time and space, Your glory shines, Majestic One.

[Translation: Rabbi Zalman Schachter-Shalomi]
Baruch hu, baruch sh’mo
Blessed is He, blessed is His essence. Blessed is She, blessed is Her essence
Blessed be the One-Who-Spoke and the world then was.

Baruch omer v-oseh, baruch gozer u-m’ka’yeym
Blessed be the one who speaks and does, blessed who decrees and causes existence

Baruch m’rachem ahl ha-aretz
Blessed who feels compassion for the earth

Baruch m’rachem ahl ha-bri’ot
Blessed who feels compassion for the creatures

Baruch chai la-ahd v-kayam la-netzach
Blessed the one who lives forever and exists eternally

Baruch podeh u-matzil, baruch sh’mo
Blessed who redeems and saves, blessed be the name.

Aht brucha Shechina, orateynu m’hullelet ba-tish’bachot.
We bless You Shechina, our light praised in all praises.

Yis’m’chu ha-shama-yim, v-ta-gel ha-aretz, yir’am ha-yam u-m’lo’o.
The skies will rejoice, the earth will dance, the seas will roar in all their fullness. [Psalm 96:11]

Hoshi’ah et amecha, u-varech et nachalatecha, u-r’eym v-nas’eym ahd olam.
Save your people, bless your portion, guide them and lift them always forever. [Psalm 27:9]
Ashrey yosh’vey vey’techa, od y’hall’lucha, selah!
Happy are they who dwell within your house, may they continue to give praise to you.

Ashrey ha-am sheh-kacha lo, ashrey ha-am sheh-YHVH elohav
Happy is the people for whom life is thus, happy is the people with the EVERLASTING for its God.

Ashrey yosh’vey vey’techa, od y’hall’lucha, selah!
Happy are they who dwell within your house, may they continue to give praise to you.

Ashrey ha-am sheh-kacha lo, ashrey ha-am sheh-YHVH elohav
Happy is the people for whom life is thus, happy is the people with the EVERLASTING for its God.

T’hillah l-Dah’vid A Psalm of David

Aromim’cha Elohai ha-melech va-avarcha shim’cha l-olam va-ed
All exaltations do I raise to you, my sovereign God, and I give bles sing to your name, forever and eternally.

B-chol yom avar’cheka va-ahall’lah shim’cha l-olam va-ed
Blessings do I offer you each day, I hail your name, forever and eternally.

Gadol YHVH u-m’hullal m’od v-li-g’dulato eyn chey’ker
Great is THE ETERNAL, to be praised emphatically, because God’s greatness has no measure.

Dor l-dor yi’shabach ma’asecha u-g’vurotetcha yagidu
Declaring praises for your deeds one era to the next, people describe your mighty acts.

Hadar k’vod hodecha v-div’rey nif’l’otecha asicha
Heaven’s glorious splendor is my song, words of your miracles I eagerly pour forth.

Veh-eh’zuz noro’techa yo’meyru u-g’dulat’cha asa-pre-nah
Wondrous are your powers—people tell of them, and your magnificence do I recount.

Zeycher rav tuv’cha ya’bi’u v-tzid’kot’cha y’ra’ney’nu
Signs of your abundant goodness they express, and in your justice they rejoice.

CHanun v-rachum YHVH, eh’rech apai’yim u-g’dol cha’sed
How gracious and how merciful in THE ABUNDANT ONE, slow to anger, great in love.

Tov YHVH la-kol, v-rachamav ahl kol ma’asav
To all God’s creatures, goodness flows, on all creation, divine love.

Your creatures all give thanks to you, your fervent ones bless you emphatically.
Calling out the glory of your sovereignty, of your magnificence they speak.

Letting all people know your mighty acts, and of your sovereignty's glory and splendor.

May your sovereignty last all eternities, your dominion for era after era.

Strong support to all who fall, God raises up the humble and the lame.

All hopeful gazes turn toward you, as you give sustenance in its appointed time.

Providing with your open hand, you satisfy desire in all life.

So just is God in every way, so loving amid all the divine deeds.

Close by is God to all who call, to all who call to God in truth.

Responding to the yearning of all those who fear, God hears their cry and comes to rescue them.

Showing care to all who love God, THE ETERNAL disperses the destructive forces.

The praise of THE ALL-KNOWING does my mouth declare, and all flesh give blessing to God's holy name, unto eternity.

And as for us, we bless the name of Yah, from now until the end of time, Halleluyah!

[Translation: adapted from Joel Rosenberg]
Psalm 150: Praise Yah, the power of holiness, praise Yah in heaven’s might, praise Yah by the measure of God’s grandeur. Praise Yah with the blast of the shofar, praise Yah with lyre and harp. Praise Yah with drum and dance, praise Yah with strings and flute. Praise Yah with cymbals of volume, praise Yah with cymbals of alarm. Let all that breathes praise Yah, Halleluyah. Let all that breathes praise Yah, Halleluyah [DJC]

AN INTERPRETIVE YISHTABACH
Praises, praises, forever and ever; of just this one humble drop of universe which has been ours to examine.

Brachot v-hoda’ot
Blessings and many thanks, now and forever more.
Blessed is the majestic and mighty, the delicate and fragile, the melody and song, the power, the beauty, the life of all worlds!

Brachot v-hoda’ot mey-ata v-ad olam. Baruch ata YHVH, eyl ru’ach gadol ba-tish’bachat, eyl ha-hoda’ot, adon ha-nif’la’ot, ha-bochehr b-shirey zimrah, ru’ach eyl chey ha-olamim.

On the Ten Days of Awe

Mi-ma’amakim k’ra’ticha Yah, Eyli, sh’mi koli, sh’mi tachanunai.
From the depths I cry out to you Yah: my God, hear my voice, hear my supplications.
Chatzi (Half) Kaddish

יהיה עלינוفاعלוشفחכין Amen. מבית עלינוفعالוشفחכין. ימשיילפלושיהבחייךוביפה

Amen

Y'hey sh'mey raba m'varach l-alam u-l'al'mey al'maya: וניה שמה כיבא מבך לכלל וכיבא לום אמא: מבך מבך לכלל לום אמא: Brich hu נ Hayward erhalten ותרשימים ותרשימים ותרשימים ותרשימים שם עשתה שם עשתה שם עשתה שם עשתה Amen

Amen

CALL TO WORSHIP

בחר את nhớלך: Cantor

Baruch et YHVH ha-m'vorach [Let us bless the Eternal the blessed one]

בחר ואת nhớלךufe044; הנהלך: All then Cantor

Baruch YHVH ha-m'vorach l-olam va-ed [Bless the Eternal the blessed one forever more]

FOR LIGHT AND FOR CREATION

את בסיכוך שפניה אולחי הניכולמים, ציורת אחר, ובורותה_truth, עלות שפניה ומוחרת את הנהלך. Aht brucha Shechina, eloheynu chay ha-olamim, yotzeret or u-voreyt choshech, osah shalom, u-voreyt et ha-kol. [Blessed are you Shechina, ruling spirit of the universe, forming light and creating darkness, making peace, and creating all.]

אַתָּה כְּרֻהָה שְׁפִּינָה, אֶלֹהֵינוּ חַּי הָאֹלָלָמִים, יַזִּירָת אוֹר, וּבוֹרֵאת חַשֵּׁךְ, עֲלֵה שְׁפִּינָה וּמוֹרֵאת אַתָּה יָדֵךְ.

AN INTERPRETIVE “HA-ME’IR” [Rabbi Burt Jacobson]

Blessed are you Infinite Power that we are, majesty of the universe, forming light and creating darkness, making harmony and creating chaos.

You, O Infinite, do all this.

You fill and embrace all things,

guiding Your universe as it unfolds and evolves,

turning planets, suns and galaxies in their celestial dance,

moving the atoms, molecules and cells, the substance of our very being.

In Your compassion

You let the sun shine upon the earth,

and on all the creatures that live here.

In Your goodness

You renew, day after day, the work of creation.

How many, how varied Your works, O Eternal!

All of them fashioned in wisdom.

The earth is full of Your riches
El Baruch G'dol Dey'ah, Hey'chin U-fa'el Zohorey Chamah, 
Tov Yatzra Kavod Li-sh'ma, M'orot Nahtna S'avivot Uzah

Pinot TZ'va'av K'doshim, Rom'mey Shaday, Tamid m'saprim k'vod Eyt u-k'dushato.

[God—blessed, grand in knowledge—prepared and manifested the radiance of the sun. Well designed, glorifying the divine Name, luminaries were placed surrounding the divine power. All aspects of the divine forces are holy—exalted ones of Shaddai—forever demonstrating the glory and holiness of God.]

The ministering angels: all beloved, all bright, all grand. They attend to their tasks filled with amazement; they open their mouths to declare holiness and purity with song and with melody, with blessing and praise, with adoration and appreciation, and in the name of holiness and sovereignty they declare:

THE powerful presence of the great spirit, mighty, awesome, and holy. And they share with each other the yoke of heaven’s reign, and they give each other leave to sanctify their creator with restful spirit, with clear speech. United in one voice, they acclaim holiness with awe:

Kadosh kadosh kadosh YHVH tz’va’ot, m’lo kol ha-aretz k’vodo
Holy holy holy is Yah of all-forces, the whole earth is the divine glory

Angels in all their variety: spinning angels, holy beings, seraphim sing praises and they declare: 
Baruch k’vodo YHVH mi-m’komo
Blessed is the divine glory from its place

To a blessed power they offered sweet melody; to a sovereign—powerful, living and enduring—they sang psalms and made their praises heard for the mighty deeds
rendered, the obstacles overcome, for healing they felt, and for the wonders which held them in awe, and for the daily renewal of the world’s creation. They addressed the Source of the grand lights of the heavens and said: “Divine lovingkindness, forever!”

May a new light shine upon Zion, and upon the whole earth, and may we live to see its light.

Or chadash ahl Tzi’on ta’ir, Or chadash ahl ha-olam ta’ir v-nizkeh chulanu m’heyrah l-oro:

(m) Baruch ata YHVH, ha-chavaya kulah v-sod om’kah yo’tzer ha-m’orot.

(f) Aht b’rucha Sh’china, ha-chavaya kulah v-sod om’kah yo’tzereht ha-m’orot.

Blessed are You, Shechina, the Whole of Creation and the mystery at its depths, shaping the light

FOR LOVE

(I)
Sometimes the horrors and the emptiness of Your world overwhelm us.
Frightened and angry, we struggle with You,
trying to understand, to make sense of it all.
And sometimes, the precious beauty of life lifts us toward You.
The love we receive from those dear to us opens our hearts
to a deeper love, and we sense Your presence,
knowing that You are somehow here, within our love.
Let us learn to deepen our faith, to be more loving and compassionate,
towards friends and strangers,
to strengthen our bonds with our people,
and with the teachings of our Jewish tradition,
and to feel our connection with our humanity and with the earth

(Rabbi Burt Jacobson)

(II)
We are loved by an unending love.
We are embraced by arms that find us, even when we are hidden from ourselves.
We are touched by fingers that soothe us, even when we are too proud for soothing.
We are counseled by voices that guide us, even when we are too embittered to hear.
We are loved by an unending love.
We are supported by hands that uplift us, even in the midst of a fall.
We are urged on by eyes that meet us, even when we are too weak for meeting.
We are loved by an unending love.
Embraced, touched, soothed and counseled—ours are the arms, the fingers, the voices;
ours are the hands, the eyes, the smiles;
We are loved by an unending love.  

(Rabbi Rami Shapiro)
With a great love we feel your love, Eternal One, From you, our mothers and fathers learned the laws of living, and so may we be privileged to receive this teaching of grace. O you, Womb of the Universe, Seed of all Existence, mother us and father us to understand, to discern, to listen, to learn, to teach, to protect and to perform all that we learn from you and from your Torah in love.

May our eyes always be bright with Torah, and our hearts adhere to the callings of mitzvah. May our hearts be one in love and in awe of the Holy Presence. We would never be ashamed because we trusted in your great and inspiring essence. We would dance in joy at our deliverance. [DJC interpretive]

Inspire our struggle to end all exile, ours, and that of all who are scattered and banished upon the planet, so that all can live in dignity, secure in their homes. It is through your power that we work for freedom, and when we make this our task, we act as you have summoned us, becoming a people of holiness. Truly embrace us to your great essence that we may give you thanks and restore your unity with love. [DJC interpretive]

Blessed are You, Shechina, living within us, and in all creation, loving in all love. [BJ]

[m] Baruch ata YHVH, ha-chai b-kirbeynu u-chol ha-ma’asim, o’heyw b-chol ahava.

(f) Aht brucha Sh’china, ha-chaya b-kirbeynu u-chol ha-ma’asim, o’heh’vet b-chol ahava.

[Love and compassion, lovingkindness and peace]
Sh'ma Yisra'el, YHVH Eloheynu YHVH echad

[Listen Israelite, YHVH our Power, YHVH is the Oneness]

Baruch sheym k'vod mal'chuto l-olam va-ed

[Blessed is the glory of divine sovereignty forever more]

V-ahavta eht YHVH Elohecha b-chol l’vav’cha u-v-chol nafsh'cha u-v-chol m’odecha.

V-hayu ha-d’varim ha-eyleh asher anochi m-tzav’cha ha-yom ahl l’vavecha.

V-shinantam l-van’echa v-dibarta bahm b-shiv’tcha b-veytecha u-v-lecht’cha va-derech u-v-shoch'b’cha u-v-kumecha. U-k’shartahm l-ot ahl yadecha v-hayu l-totafot beyn eynecha u-ch’tavtahm ahl m’zuzot beytecha u-vish’arecha

So you shall love YHVH, your Power,
with all your courage, with all your passion, and with all your strength.
Let these teachings, through which I join you and guide you today, enter your heart.
See that your children understand them
Speak about them when you are settled at home, when at work in the world,
when you lie down, and when you rise up.
Tie them as a witness to the work of your hands.
See through them as they form a frontlet before your eyes.
Pass through them as they frame your places of passage.

And you shall love yourself, for you are a spark of the divine.
And you shall love your neighbor as yourself.
And you shall love the stranger, for you were once strangers in the land of Egypt.
Let love fill your heart for all being.

I call on heaven and earth to witness before you today: life and death have I set before you, the blessing and the curse. Choose life so that you and your children shall live. Love the Source of being, and the Power of all your powers, by heeding the Voice and joining the One. For the Eternal is your very Life, and the Infinite is the fullness of your days.

Thus will you become aware and carry through all the divine direction you receive from the One, and your lives will be bound in holiness to the Power within you.

I am the Infinite that drove you to leave the land of bondage to become your Power. I am the Infinite, your Power in truth.

[Rabbi Burt Jacobson]
v. 16

M'khamelah baisaleh ve, m'khamelah nev'eh, norah t'hilit oseh fehleh?

Shira chadasha shib'chu g'ulim l-shim'cha ahl sfat ha-yam. Yachad kulam hodu v-him'lichen v-amru

[Who is like You among all Powers, Adonai? Who is like You, glorious in holiness, awesome in splendor, amazing in miracles?]

YHVH yim'loch l-olam va-ed va-yemaneh, YHVH will reign forever and ever.

Tzur Yisra'el, kuma b-eretz Yisra'el, u-f'dey chinu mecha Yehuda v-Yisra'el.

[Rock of Israel, arise to help the people Israel, and redeem—as you have said—Yehudah and Israel, O' our redeemer, YHVH of all-forces is the name, Israel's holy One.]
Baruch ata YHVH ha-chai b-chol nisfoteynu l’ha’gi’ah eyeleycha, v-go’el b-chol g’ulah

Aht brucha Sh’china ha-chaya b-chol nisfoteynu l’ha’gi’ah eylayich, v-go’elet b-chol g’ulah

Blessed are You, Shechina, living in our struggles to reach You, and freeing through all acts of justice. [Rabbi Burt Jacobson]

Amida

Adonai, s’fatai tiftach u-fi yagid t’hila’techa
[Adonai, open up my lips and my mouth will speak your praise.]

Baruch ata Adonai, Eloheynu v-Eylo-hey dorot-eynu
Elo-hey Avraham, Elo-hey Sarah,
Elo-hey Yitz’chak, Elo-hey Riv’kah,
Elo-hey Ya’akov, Elo-hey Ra-chel, v-Eylo-hey Ley-ah
(some add> Elo-hey Bil’ha, v-Eylo-hey Zil’pa)

Ha-Eyl ha-gadol ha-gibor v-ha-norah, Eyl el-yon,
go-mel cha-sa-dim tovim, v-ko-ney ha-kol,
v-zo-cher chas’dey dorot, u-mey’vi go-el li-v’ney v’ney-hem [u-v’no-tey-hem]
l-ma’an sh’mo b-ahava.

I stand on the shoulders of all the generations that came before me—Abraham, Isaac, Jacob, Sarah, Rebecca, Leah and Rachel—all the parents who begot us in all the generations before us. We are the children of those who survived, and our existence is their redemption—and for that we are grateful and we also give thanks for the blessings of grace and freedom which they received and which is our inheritance as well.

On the Ten Days of Awe:

Zoch’reynu l-cha’yim melech cha’feytz ba-cha’yim, v-chat veeynu b-seyfer ha-cha’yim, l’ma’an’cha Elohim cha’yim.
[Recall us among the living, sovereign who desires life, and record us in the book of life, for Your sake, Power of life.]
Melech ozehr u-mo’shi‘ah u-ma’geyn.

A spirit that gives aid, delivers and protects.

We address ourselves to the eternal source that energizes all existence with a vibrant life of action.

Ata gibor l-olam Adonai, m’cha’yey mey’tim ata, rav l-ho’shi’a.

Blowing the winds, and bringing down the rains.

Mashiv ha-ru’ach u-mo’rid ha-gashem.

Bringing down the dew.

Mo’rid ha-tal.

M’chal’kel cha’yim b-chesed, m’cha’yey mey’tim b-rachamim rabim, someych nof’lim, v-ropsey cholim, u-matir asurim, u-m’ka’yeym emunato li-y’shey’ney afar. Mi cha’mocha ba’al g’vurot, u-mi domeh lach? Melech mey’mit u-m’cha’yeh, u-matz’mi’ach y’shu’ah.

M’ch’lkel cha’yim b-chesed, m’cha’yey mey’tim b-rachamim.

On the Ten Days of Awe:

Mi cha’mocha av ha-rachamim, zo’cheyr y’tzu’rav l-cha’yim b-rachamim.

Faithfully bringing the inert to life once again.

Blessed are You, giving life to the dead.

V-neh’eman ata l-ha’cha’yot mey’tim.

Mi cha’mocha av ha-rachamim, zo’cheyr y’tzu’rav l-cha’yim b-rachamim.
Kedusha for the Public Amida

(During the Private Amida continue on the next page)

(Cong. then cantor)

N’kadeysh et shim’cha ba-olam, k-sheym sheh-mak’dishim oto bi-sh’meiy marom ka-katuv al yad n’vi’echa, v-kara zeh el-zeh v-amar.

Let us sanctify the divine presence in the world like those angels who sanctify the presence in the upper realms, as it is said by Your prophet: “They called out to one another, saying:”

(Cong. then cantor)

Kadosh Kadosh Kadosh YAH tz’va’ot, m’lo kol ha-aretz k’vodo

Holy holy holy is Yah tz’va∙ot the whole world is filled with Yah’s glory

(Cantor)

L-umatam ‘Baruch’ yomeyru

And to those who face them, they respond ‘Blessed…’

(Cong. then cantor)

Baruch k’vod YHVH mi-m’komo

Blessed be YHVH from the divine location

(Cantor)

U-v-div’rey kod’sh’cha katuv ley’mor

And the words of holiness were recorded as follows:

(Cong. then cantor)

Yim’loch YHVH l-olam, elo‘aya’yich Tzi’on l-dor va-dor Halleluyah

YHVH will reign forever, your Power O’ Zion, from age to age, Halleluyah.

(Cantor)

L-dor va-dor na-gid gohd-lecha u-l-ne-tzach n’tza-chim k’dushat-cha nak-dish,

v-shiv-cha-cha Eloheynu, mi-pinu lo ya-mush l-olam va-ed,

Ki eyl me-lech gadal v-kadosh ata.

From age to age we retell the grandeur, and for all eternity we declare holiness, and the praises which we sing will never leave our lips, because of the mighty spirit, holy and grand.

Baruch ata YHVH, ha-Eyl ha-kadosh

Aht brucha Sh’china, ha-Eyla ha-k’dosha

Blessed are You, Power of holiness

(Closing blessing on the Ten Days of Awe: Baruch ata YHVH ha-melech ha-kadosh)
When praying the private Amida, instead of the Kedusha: continue here

Ata kadosh v-shim’cha kadosh u-k’doshim b-chol yom y’hal’lucha, selah.
Ata kadosh v-shim’cha kadosh u-k’doshim b-chol yom y’hal’lucha, selah.

We learn, day by day, how to give value to those things we must hold as sacred.

Baruch ata YHVH, ha-Eyl ha-kadosh.
Baruch ata YHVH, ha-Eyl ha-kadosh.

Aht b’rucha Shechina, ha-Ey’lah ha-k’doshah.
Aht b’rucha Shechina, ha-Ey’lah ha-k’doshah.

(On the Ten Days of Awe:)
Blessed are You, power of holiness.
(On the Ten Days of Awe: Blessed are You, sovereign of holiness.)

For Understanding: Say to yourself a private prayer for understanding... then
Blessed are You holy Source, preparing an understanding heart.

For Turning: Say to yourself a private prayer for being able to improve yourself... then
Blessed are You holy Source, who desires us to turn toward goodness.

For Forgiveness: Say to yourself a private prayer for forgiveness... then
Blessed are You holy Source, gracious and abundant in forgiveness.

For Deliverance: Say to yourself a private prayer for being freed from something... then
Blessed are You holy Source, redeemer of all.

For Healing: Say to yourself a private prayer for healing... then
Blessed are You holy Source, delivering healing to us all.
For Prosperity: Say to yourself a private prayer for prosperity... then
Blessed are You holy Source, blessing our years with abundance.

B וָרָא צִדְקָה, יִנְא אַלְתֹּנוּ, אַחַ עַשֵּה תֵדַע (א) כַּל בְּלִי תְּבֹאֵת לְפָרָה (ב) שָׁלֵּמַיּ בְּיֵשֵׁלָה לְפָרָה

(in late Fall & Winter)

בָּרָא צִדְקָה, יִנְא אַלְתֹּנוּ, אַחַ עַשֵּה תֵדַע (א) כַּל בְּלִי תְּבֹאֵת לְפָרָה

(in Spring Summer)

Blessed are You holy Source, building a Jerusalem of peace.

For In-gathering of exiles: Say to yourself a private prayer for those who are in exile or refugees... then
Blessed are You holy Source, gathering those who are scattered.

B וָרָא צִדְקָה, בָּרָא צִדְקָה, יִנְא אַלְתֹּנוּ, אַחַ עַשֵּה תֵדַע (א) כַּל בְּלִי תְּבֹאֵת לְפָרָה (ב) שָׁלֵּמַיּ בְּיֵשֵׁלָה לְפָרָה

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(On Ten Days of Awe: בְּשֵׁשִׁיּ בְּרָא צִדְקָה, יִנְא אַלְתֹּנוּ, אַחַ עַשֵּה תֵדַע)

For Justice: Say to yourself a private prayer for justice... then
Blessed are You holy Source, desiring that justice be done.

B וָרָא צִדְקָה, בָּרָא צִדְקָה, יִנְא אַלְתֹּנוּ, אַחַ עַשֵּה תֵדַע (א) כַּל בְּלִי תְּבֹאֵת לְפָרָה (ב) שָׁלֵּמַיּ בְּיֵשֵׁלָה לְפָרָה

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For Right Speech: Say to yourself a private prayer for using our words and for the good... then
Blessed are You holy Source erasing words of enmity, and desiring our words for goodness.

בָּרָא צִדְקָה, יִנְא אַלְתֹּנוּ, אַחַ עַשֵּה תֵדַע (א) כַּל בְּלִי תְּבֹאֵת לְפָרָה (ב) שָׁלֵּמַיּ בְּיֵשֵׁלָה לְפָרָה

For the Righteous: Say to yourself a private prayer for those who seek to do righteousness... then
Blessed are You holy Source, mainstay of the righteous.

בָּרָא צִדְקָה, יִנְא אַלְתֹּנוּ, אַחַ עַשֵּה תֵדַע (א) כַּל בְּלִי תְּבֹאֵת לְפָרָה (ב) שָׁלֵּמַיּ בְּיֵשֵׁלָה לְפָרָה

For Jerusalem: Say to yourself a private prayer for the peace of Jerusalem... then
Blessed are You holy Source, building a Jerusalem of peace.

בָּרָא צִדְקָה, יִנְא אַלְתֹּנוּ, אַחַ עַשֵּה תֵדַע (א) כַּל בְּלִי תְּבֹאֵת לְפָרָה (ב) שָׁלֵּמַיּ בְּיֵשֵׁלָה לְפָרָה

(For Spring Summer use יִנְא אַלְתֹּנוּ, אַחַ עַשֵּה תֵדַע (א) כַּל בְּלִי תְּבֹאֵת לְפָרָה (ב) שָׁלֵּמַיּ בְּיֵשֵׁלָה לְפָרָה)

(For late Fall & Winter)
For the Messianic Vision: Say to yourself a private prayer for messianic times... then
Blessed are You holy Source, who raises the horn of deliverance.

For Hearing our Prayers: Say to yourself a private prayer for having our prayers heard... then
Blessed are You holy Source, who attends to our prayers.

Source of all, our power and the power of all who came before us:

On Rosh Chodesh:
on this day with which we begin a new month, this rosh chodesh,

On Passover:
on this Passover holiday

On Sukkot:
on this Sukkot holiday

be mindful of those who came before us and show us your grace.

Let this mindfulness and grace
arise and arrive,
let it be apparent and desired,
let it be heard and accounted.

And let us be accounted for
an experience of mashiach,
the enjoyment of sustenance and goodness,
of mercy and grace, of life and of peace.

We turn to our Source in the hope
that all for which we hope will be granted for the good. And we say: Amen.

YA’ALEH V-YAVO – ON HOLIDAYS & ROSH CHODESH

On Rosh Chodesh: יאלאה ויאאו – חג חסידה

On Passover: יאלאה ויאאו – חג חסידה

On Sukkot: יאלאה ויאאו – חג חסידה

Source of all, our power and the power of all who came before us:

On Rosh Chodesh: יאלאה ויאאו – חג חסידה

On Passover: יאלאה ויאאו – חג חסידה

On Sukkot: יאלאה ויאאו – חג חסידה
For This Worship: Say to yourself a private prayer for the opportunity to pray... then
Blessed are You holy Source, who enables Shechina to be among us.

ל.navigateTo שוכב לחיינו בברכה.
ברכה potrà לשכינה, הבדידה עם הזרע.

In Gratitude:
We give our thanks to You, YHVH, for our lives which are always in Your care, for our souls, called forth by You, for the surprises we meet day after day, and for the wonders and blessings that happen to us at all times, evening morning and noon.
Blessed are You, YHVH: Goodness is Your name, and it is fitting to bless You.

For Chanukah and Purim
ל_https://www.speedybooks.com/
For all the miracles and good fortune, and for the deliverance experienced by our predecessors in the past ages during this season:
על נפשם, על מערכה, על משפתם, עלי התחנו, ישועי לארבעה גסיים חמש חמש חמש חמש.

On Chanukah
ל_http://www.hebrewbooks.org/
We give thanks for the successful outcome of the struggles of the Maccabees to preserve Jewish spirit and Jewish lives in a time of repression. We learn from them that during the most dire times we need to have faith that our efforts can bring us back into freedom and justice, and for that we praise the name of the power of liberation, the power of hope.

ביים מפרחים וביתם בחוץ, לחם, ימשי, ויהי כוין, ישועי לארבעה גסיים חמש חמש חמש חמש.

On Purim
ל_http://www.hebrewbooks.org/
We give thanks for the lessons we learn from the story of Esther and Mordechai that we must not remain silent in the face of despair and oppression. And we also learn that with humor we can bring joy to an aching world.

ביים מפרחים, ישועי לארבעה גסיים חמש חמש חמש חמש.
Concluding the prayers of Gratitude:
For all those things for which we are grateful, we say thanks forever more.

On the Ten Days of Awe add the following:
And may we be written into the book of goodness and life with all those who join in the covenant of holy responsibility.

May all that breathes sing praise and gratitude for the help and deliverance they experience.
Blessed are You Source of all, for the goodness for which we give thanks.

For Peace:
Let us now open our hearts to Your light within, so that through this inner light we may bring to our people, and to all peoples everywhere, grace and kindness, tenderness and joy, blessing and peace.

On the Ten Days of Awe add:
May we be recalled and recorded into the book of life, blessing, peace, and sustenance, yes, all of us for life, goodness and peace.

Blessed are You, Holy One, blessing each of us, and all of us together with peace.
Add private prayers here or use the traditional prayer below:

May the words of my mouth be acceptable in thy sight O Yah Oseh Shalom I

<table>
<thead>
<tr>
<th>Oseh Shalom I</th>
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<tbody>
<tr>
<td>[Words adapted from traditional liturgy]</td>
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<tr>
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[May that which brings peace to the cosmos bring peace upon us, upon all Israelites, and upon all who dwell on the earth.]

Oseh shalom [shalom] bi-m’romav, hu ya’aseh shalom aleynu, v-al kol Yisra’el, v-al yosh’vey tey’vel

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<thead>
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</tr>
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</table>

[May that which brings peace to the cosmos bring peace upon us, upon all Israelites, and upon all Ishmaelites, and upon the whole world.]
Osah Shalom III
[Words adapted from traditional liturgy, Music: Linda Hirschhorn]

Osah shalom shalom shalom, bi-m’romey·ha
Osah shalom shalom shalom, bi-m’romey·ha
Hi ta·aseh shalom aleynu
Hi ta·aseh shalom aleynu
v-al kol Yis’ra·el, v-al kol yosh‘vey tey·vel
v-im’ru: Ameyn

[May that which brings peace to the cosmos bring peace upon us, upon all Israelites, and upon all who dwell on the earth.]

Chatzi (Half) Kaddish

Y’hey sh’mey raba m’va·rarach l-al’alam u-l-al’me·y al’mayah:
Brich hu

Yit·gadal v-yit·kadash shmey rabah –
(together:) Ameyn!
B·alma di·v-ra chirutey v-yam·lich mal·chutey
b·cha·yey·chon u·v-yo·me·y·chon
u·v·cha·ye·y d·chol beyt Yisra·el
ba·agala u·v·iz·mahn kariv v·im·ru:
(together:) Ameyn!
Y·hey shmey rabah m·varach l·alam u·l·al·mey al·ma·ya.
Yit·barash v·yish·tabach v·yit·pa·ar v·yit·romam v·yit·na·sey
v·yit·hadar v·yit·ah·leh v·yit·halal shmey di·kud·shah,
(together:) brich hu!

L·eyla min kol bir·chata v·shirata
tush·b·chata v·nechemata da·amiran b·alma.
V·imru:
(together:) Ameyn!
TORAH SERVICE

Arise Kehilla

Arise Kehilla and receive the Torah, a Torah of wisdom, a Torah of life.

Ki mi-Tzi-on tey-tzey Torah, u-d'var Adonai mi-Y’rusha-la-yim.
Baruch sheh-na-tan, Torah l-ahm Yis’ra-el u-l-chol ha-eh-munot.

For from Zion came forth Torah, and the word of Yah from Jerusalem.
Blessed is the One who gave Torah/Teaching to the Israelites and to people of all faiths.

Ma Gadlu

Halleluyah

Ma gad’lu ma-asecha Yah,
m’od am’ku mach’sh’vo-techa

How magnificent Your creation, Yah, how deep Your designs

Sh’mah!

[Torah carrier calls out the Sh’ma, and then all repeat:]

Sh’mah Yis’ra-el, YHVH Eloheynu YHVH eh-chad

Listen Israelite! YHVH our Power, YHVH the Oneness of all.

The Torah carrier calls out Echad..., and then all repeat:

Echad Eloheynu, gadol ad’oneynu, kadosh sh’moh.

Our God is Oneness, our Sovereign is grand, of holy essence.

[Singing together and bowing toward the ark on the first word:]

Gad’lu l-Adonai iti, u-n’ro-m’mah sh’mo yach’dav.

Come magnify the Eternal with me, and let us exalt Her/His essence together

Halleluyah

Ma gad’lu ma-asecha Yah,
m’od am’ku mach’sh’vo-techa

Page 27
Torah Blessings: Variation on Traditional Version

[Before the Aliya reading: Blessers:]

Barchu et Adonai ha-m'vorach
[All respond & then blessers repeat]

Baruch Adonai ha-m'vorach l-olam va-ed

Barchu et Adonai ha-m'vorach

Baruch ata Adonai Eloheynu meh-lech ha-olam

Asher ba-char banu im kol ha-amim

V-na-tan lanu et Torato

Baruch ata Adonai no-teyn ha-Torah

[After the Aliya reading is concluded: Blessers:]

Baruch ata Adonai Eloheynu meh-lech ha-olam

Asher na-tan lanu Torah ehm-eh-met

V-cha'yey olam na-tah b-tocheynu

Baruch ata Adonai no-teyn ha-Torah

Bless YHVH the blessed one.

Blessed is YHVH the blessed one now and ever.

Blessed are You, YHVH our Power, sovereign animater of all worlds, who has chosen us with all peoples and given us Torah. Blessed are You YHVH, giving Torah.

Blessed are You, YHVH our Power, sovereign animater of all worlds, who has given us a Torah of truth, and planted a seed of eternity within us. Blessed are You YHVH, giving Torah.

[tr. DJC]

Torah Blessings: in Feminine God Language

[Before the Aliya reading: Blessers:]

Barchu Sh'china h*m'vo-reh-chet

Baruch Sh'china ha-m'vo-reh-chet l-olam va-ed

[Blessers]

Aht b'rucha Sh'china Eloheynu chey ha-olamim

Asher bachara banu im kol ha-amim

V-na-tan lanu et Torata

Aht b'rucha Sh'china no-teh-net ha-Torah

[After the Aliya reading is concluded: Blessers:]

Aht b'rucha Sh'china Eloheynu chey ha-olamim

Asher nat'a lanu Torat eh-met

V-cha'yey olam nat'ah b-tochey'nu

Aht b'rucha Sh'china no-teh-net ha-Torah
Prayers for Healing

Ana El Na  אנה אל נא  (Text: Exodus 12:13, Music: Rabbi Aryeh Hirschfield)
From deep within the source of my soul: now let the healing, let the healing begin

Ana El nah r’fah nah lah  אנה אל nah r’fah nah lah
Heal our bodies, open our hearts, awaken our minds, Shechina!

Nafshi Cholat  נפשי חלת  (words: traditional liturgy and Book of Exodus. Music: Hanna Tiferet)
My soul pines for your loving care.  Naf’shi cho-lat ahava-techa
Ana el nah r’fah nah lah  Please heal us, please

Prayer for Caregivers  (adapted from Rabbi Nancy Flamm)
May the One who blessed our ancestors be present to all of us providing help for the ill and the troubled. May we be filled with fortitude and courage, endowed with sympathy and compassion, as we give strength to those at our side. May we fight against despair, and continue to find within ourselves the will to reach out to those in need. And in our love of others, may we know the blessing of community, and the blessing of renewed faith.

Gomel Blessing  words adapted from traditional liturgy. Music: Hanna Tiferet

[Those doing the Gomel blessing:]  בורח אתה יה שגה-מה-לאני כל טוב
Humbly I stand before you today blessed with the gift of life

[All respond:]  Mi sheh-g’malech kol tov, yig’m’lech kol tov, selah
May the gracious One Who heard your prayers guide your steps in peace

Simin Tov un Mazel Tov

Simin tov un Mazel tov un Mazel tov un Simin tov  סימין טוב ומאזל טוב ומאזל טוב וסימין טוב
Y’hey lanu  י’חי lavor
Y’he y lanu Y’he y lanu u-l-chol Yis’ra-el  י’חי lavor י’חי lavor ו łatל יהושעואל
Good luck and good fortune upon us and everyone.
Chatzi Kaddish (‘Half-Kaddish’)

Yit’gadal v-yit’kadash shmey rabah – Ameyn -- b-alma di-v’ra chirutey v-yamlich malchutey
b-cha-yey-chon u-v-yo-mey-chon u-v-cha-yey d-chol beyt Yis’ra-el ba-agala u-vi-z’mahn kariv v-im’ru: Ameyn! Y’hey shmey rabah m’vorach l-alam u-l-al’mei’ya.
Yit’barach v-yish’tabach v-yit’pa-ar v-yit’romam v-yit’ah-leh
L-eyla u-l-eylya min kol bir’chata v-shirata
V-imru: Ameyn

Magnify and sanctify the Holy Name (Amen!) and throughout the world created, may justice soon rule here, in our lifetime and in your lifetime and in the lives of all the people, very soon and say: Amen.

Hold the great Name as blessed, forever and ever and ever: Blessed be.

Blessed and praised and worshipped and lauded and honored, and exalted and exalted and so praised: the Name of the Holy. (Blessed!) And beyond every blessing and singing, praising and peaceful word ever uttered on the planet, and let us say: Amen.

[Trans. DJC]

Lifting & Dressing the Torah

[All who are able, rise: The person designated as hag’bah lifts the Torah while the following is chanted:]

V-zot ha-Torah, eytz cha-yim hi la-macha-zikim bah, v-tom’chey-ha m’ushar.

[Remain standing as the scroll is closed, bound and dressed. The following is sung:]

Eytz cha-yim hi la-macha-zikim bah, v-tom’chey-ha m’ushar
D’ra-chey-ha dar’chey no’am, v-chol n’ti-vo-tey-ha shalom.

This is the Torah, a tree of life to those who grasp it, and fortunate are they who give it support; its pathways are pleasant, all its byways are peace  

[tr. DJC]
Returning the Torah to the Ark

It's a tree of life to those who hold it, and fortunate are they who give it support; its pathways are pleasant, its byways are peace. Return us to you, and we shall return. Make all our days a new beginning.

Sheh-heche'yanu

We bless the Source of Life, that we are alive, that we have survived and that we have arrived at this moment.

L'chi Lach

L'chi Lach, to a land that I will show you.
Lech l'cha, to a place you do not know.
L'chi Lach, on your journey I will bless you.
And you shall be a blessing (3x) L'chi Lach

Circle Chant

Circle round for freedom
Circle round for peace
For all of us imprisoned
Circle for release.
Circle for the planet
Circle for each soul
For the children of our children
Keep the circle whole.
Aleynu Hebrew Opening

A-leynu l’sha’bey-ach la-adon ha-kol,
la-teyt g’dula l-yo-tzer brey-shit,
sheh-natan lanu torat eh-met
v-cha-yey olam nata b-to-chenyu.

It is upon us to praise the reigning power over all things, and to ascribe grandeur to the creator, who has given us a Torah of truth, and planted the seed of life within us.

O Come Let Us Praise

O come let us praise the Light of the World,
and add to the greatness of the Shaper of life,
Who made every people a spark divine
and blessed each one in its own special way
Who gave us all the Torah of life
and destined our service to hallow this world.

Takeyn Olam – To Heal the World

To heal the world, we must feel the world, then heal the world with the power of Shaddai

May We Feel Your Holy Power

May we feel Your holy power,
May we feel Your holy strength,
May we feel Your holy Presence,
Surround us in this holy place.

May we feel the earth beneath our feet
As we bend and bow to You.
May our bodies rise to greet You
As we feel Your Presence pouring through.

It’s upon us, it’s upon us...
... to feel Your holy ground,
... to hear Your holy sound.
... to feel the love inside,
... to face You and not hide.
... to think, to act, to do,
... to do what’s right and true.
... to reach up to the sky,
... to take our wings and fly.

A-leynu l’sha’bey-ach la-adon ha-kol. (4x)
ON HOPE: To be hopeful in bad times is not just foolishly romantic. It is based on the fact that human history is a history not only of cruelty, but also of compassion, sacrifice, courage, and kindness. What we choose to emphasize in this complex history will determine our lives. If we see only the worst, it destroys our capacity to do something. If we remember those times and places— and there are so many—where people have behaved magnificently, this gives us the energy to act, and at least the possibility of sending this spinning top of a world in a different direction. And if we do act, in however small a way, we don’t have to wait for some grand utopian future. The future is and at least the possibility of sending this spinning top of a world in a different direction. And if we do act, in however small a way, we don’t have to wait for some grand utopian future. The future is an infinite succession of presents, and to live now as we think human beings should live do act, in however small a way, we don’t have to wait for some grand utopian future. The future is an infinite succession of presents, and to live now as we think human beings should live.

Howard Zinn

V-NEH-EMAR – Conclusion of the Aleynu

THE MOURNER’S KADDISH

Yit-gadal v-yit-kadash shmye-rabah – (Together:) Ameyn!
B-alma di-v-ra chirutev y-vam-liech mal-chutev
b-cha-yey-chon u-v-yo-mey-chon
u-v-cha-yey d-chol beyt Yisra-el
ba-agala u-viz-mahn kariv v-im-ru: – (Together:) Ameyn!
Y-hey shmye-rabah m-varach l-alam u-l-al-mey al-ma-ya.
Yit-barach v-yish-tabach v-yit-pa-ar v-yit-romam v-yit-na-sey
v-yit-hadar v-yit-ah-leh v-yit-halal shmye di-kud-shah,
(Together:) Brich hu!
L-eyla [u-l-eyla]* min kol bir-chata v-shirata
tush-b-chata v-nechemata da-amiran b-alma, v-imru: – (Together:) Ameyn!
Y-hey shlama rabah min sh-ma-yah,
v-cha-yim, aleynu v-al kol Yisra-el, v-imru:
– (Together:) Ameyn!
Oseh shalom bim-romav, hu ya-ah-seh shalom ahleynu,
v-ahl-kol Yisra-el, v-al kol Yish-MA-el v-al kol yosh-vey tey-vel, v-imru:
– (Together:) Ameyn!

And it is to be said that YHVH’s spirit will be over all the earth, and on that day YHVH will be one and of one essence.

Page 33
INSERT OD YAVO SHALOM HERE